



IMPACT REPORT

FISCAL
YEAR **2023**

WOUNDED WARRIOR
TIM APONTE



20 YEARS OF MAKING AN IMPACT

Over the last two decades, Wounded Warrior Project® (WWP) has been honored to serve more than 240,000 post-9/11 veterans and family members. Our direct programs provide connection, mental health and wellness treatment, physical health services, financial wellness assistance, and long-term support for the critically wounded.

More than

\$2 Billion

of life-changing services has been provided by WWP at no cost to any warrior or their families.

99,445

mental health programs and services provided to warriors and their families

Issues like anxiety, depression, and post-traumatic stress disorder can have long-lasting effects when left untreated. WWP has three mental and brain health programs designed to address the invisible wounds of military service.

9 Million+

donors and supporters

From our grassroots beginnings — bringing comfort to the hospital bedsides of warriors — generous supporters have enabled us to expand our mission to include support for physical injuries, innovative therapies that improve mental health, assistance accessing VA benefits, and much more.

133,959

warriors and family members served via physical health and wellness programs

WWP provides nutritional education, physical activity, coaching, and goal setting to help warriors live healthier lives and improve their overall well-being.

93,957

WWP Peer Support Group participants

It can be hard for veterans to find the kinds of bonds they shared in the service. Our nationwide, veteran-led peer support groups offer a way to rediscover that sense of camaraderie. WWP's veteran-led peer support groups are available nationwide and offer a way to regain that lost sense of camaraderie.

Data on this page collected from program inception through September 30, 2023.



2023 FISCAL YEAR IMPACT

WWP recognizes that warriors' needs change and evolve with each individual's journey. Our commitment to building connections and communities that serve warriors is long term and never-ending.

That is why we remain focused on fostering social support and connection among warriors and their families, breaking down barriers to mental health, empowering warriors to make changes toward a healthier life, helping them build a strong financial foundation, providing long-term rehabilitative care for the most severely injured, and advocating for policies that advance the WWP vision: to foster the most successful, well-adjusted generation of wounded service members in our nation's history. We are sharing the statistics in this document to illustrate the impact that our generous donors made in the lives of warriors, their families, and caregivers in the 2023 fiscal year.



WWP HAS SERVED
MORE THAN

240,000

WARRIORS, FAMILY MEMBERS,
AND CAREGIVERS SINCE 2003



WOUNDED WARRIORS
PAY

\$0

FOR OUR PROGRAMS
AND SERVICES



IN THE 2023 FISCAL YEAR,
WE INVESTED MORE THAN

\$260M

IN LIFE-CHANGING PROGRAMS AND
SERVICES FOR WARRIORS, FAMILY
MEMBERS, AND CAREGIVERS

The information and statistics in this report represent program activity and impact results during the 2023 fiscal year (Oct. 1, 2022 - Sept. 30, 2023) and from the 2022 Annual Warrior Survey.

WHO WE ARE

Since 2003, WWP has been committed to helping injured veterans achieve their highest ambitions. Today, our dedication and ability to serve wounded warriors and their families are stronger than ever before.

The journey does not end for our nation's bravest the day their uniforms come off for the last time. Approximately 1.6 million post-9/11 veterans have reported a service-connected injury, meaning the population of warriors eligible for our programs and services is vast and varied.

Through our direct programs and services, advocacy efforts, and collaboration with best-in-practice veteran and military organizations, WWP changes — and saves — the lives of millions of injured veterans and their families — all at no cost to them.



MISSION

To honor and empower wounded warriors.

VISION

To foster the most successful, well-adjusted generation of wounded service members in our nation's history.



WOUNDED WARRIOR
CHRIS GORDON

HOW WE SERVE

We fulfill our mission in three distinct ways:

PROVIDE direct programs and services to warriors and their families.

ADVOCATE for injured service members and their families in Washington, DC.

COLLABORATE with other military and veteran support organizations to amplify our efforts.

DIRECT PROGRAMS

Thanks to our generous supporters, WWP was able to make an impact in the lives of warriors and their families in the 2023 fiscal year through the following programs. Read more about the impact in the following pages.



CONNECTION



MENTAL HEALTH



PHYSICAL HEALTH & WELLNESS



FINANCIAL WELLNESS



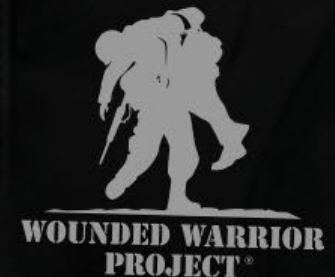
INDEPENDENCE PROGRAM



GOVERNMENT & COMMUNITY RELATIONS



COMMUNITY PARTNERSHIPS & INVESTMENTS



CONNECTION

Through the alumni connection program, WWP helps wounded warriors, their families, and caregivers build stronger support networks and enhances their mental wellness by engaging them in social events, support groups, and other opportunities to connect with each other in their communities.

THE NEED:

78%

of warriors report that they often feel isolated

OUR IMPACT:

4,400+

virtual and in-person events

96%

said they feel socially connected to their peers after participating in WWP Connection events

“ I didn’t have somebody to guide me or give me good advice — somebody to say, ‘Hey, I got you.’ I want to be that person for others, so they know they’re not alone. ”

— WOUNDED WARRIOR
TIM APONTE (RIGHT)



MENTAL HEALTH

WWP knows that many wounds are invisible and can arise years after service. We help warriors, their families, and caregivers improve mental and emotional wellness, which enhances their quality of life, increases resilience, and puts them in a position to thrive.

THE NEED:

76%

of warriors report experiencing PTSD as a result of their service

OUR IMPACT:

70%

of warriors experienced fewer PTSD symptoms after receiving treatment through Warrior Care Network®

66,300+

hours of treatment provided for PTSD, traumatic brain injury, substance use disorder, and military sexual trauma

“ I learned more tools to cope with PTSD in two weeks at Warrior Care Network than I had in 10 years of therapy. Also, by including family members, they feel like they are part of the solution, not just watching from the sidelines. ”

— WOUNDED WARRIOR
BILL GEIGER



PHYSICAL HEALTH & WELLNESS

WWP empowers warriors to adopt healthier lifestyles by providing nutritional education and coaching and helping them along their path to fitness with group physical activities, adaptive sports, goal setting, and skill building.

THE NEED:

76%

of warriors report moderate or severe pain

80%

of warriors self-reported sleep problems

OUR IMPACT:

45%

experienced a reduction in pain

51%

experienced an improvement in quality of sleep

“ I realized I don't have to lose an activity just because I don't do it the same as everyone else; I am bettering myself physically, emotionally, and spiritually. Wounded Warrior Project gave me a community of people who understand the struggle is real. ”

— WOUNDED WARRIOR
BETH KING



FINANCIAL WELLNESS

WWP supports warriors and their families in building a foundation of financial wellness through employment readiness and placement, education and receipt of earned benefits, emergency financial assistance, improved financial management skills, and care for their overall mental well-being.

THE NEED:

64%

indicate not having enough money to make ends meet at some point in last 12 months

OUR IMPACT:

63,800+

career coaching services provided, resulting in 1,500+ warriors and family members achieving employment

\$175.7M

in VA benefits were secured for warriors and their families

“ Wounded Warrior Project has given me the sense of belonging and purpose I was missing after leaving the military. ”

— WOUNDED WARRIOR
MELVIN GATEWOOD



INDEPENDENCE PROGRAM

Through its Independence Program, WWP provides long-term support for warriors with moderate-to-severe traumatic brain injuries, spinal cord injuries, and neurological conditions — injuries that often leave these warriors needing help from caregivers daily.

THE NEED:

31%

of warriors need aid and assistance from another person due to service-connected injuries or health problems and need an average of 55 hours of care per week

OUR IMPACT:

241,800+

hours of in-home and local care provided to the most catastrophically injured warriors, helping them live more independent lives for as long as possible

“ Wounded Warrior Project helped me find myself. Like the ‘Me’ I was before Iraq, when everything was about music. I can’t say enough positive things about that. ”

— WOUNDED WARRIOR
ANGIE LUPE



GOVERNMENT & COMMUNITY RELATIONS

Using warriors' feedback and insights, we advocate for veteran policies and initiatives that improve the lives of millions of veterans, family members, and caregivers.

“I've always believed that in order to overcome barriers for women veterans, especially related to access to care and gender-specific care, you need to have the right policy and the right people in place,” said WWP warrior Merci McKinley, who served in the U.S. Army and now lives in Maryland.

Last September, more than 50 WWP women warriors participated in the 2023 Women Warriors Summit in Washington, DC. These warriors connected with fellow veterans and met with key government leaders to advocate for legislation to improve the lives of our nation's female veterans.

The cornerstone of the summit was the release of the 2023 Women Warriors Report, a biennial study to help policymakers better support female warriors and address the unique challenges and gaps in care that they face, especially when it comes to accessing health care, achieving financial wellness, and adjusting to civilian life.

The summit also featured presentations by Department of Veteran Affairs staff on critical programs, meetings with members of Congress and their staffs, a roundtable discussion with the Congressional Women Veterans Task Force, and discussions with White House staff on veterans issues.



WWP WOMEN WARRIORS JOIN TOGETHER TO ADVOCATE
AT THE 2023 WOMEN WARRIORS SUMMIT IN DC

COMMUNITY PARTNERSHIPS & INVESTMENTS

WWP invests in best-in-class organizations to complement its programs and services and build a collaborative support network. This work is vital to building robust and resilient veteran families and communities.

In 2023, WWP and the Community Partnerships & Investment team reinforced our programmatic efforts and expanded our impact by investing in 39 like-minded military and veteran support organizations. We believe no single organization can meet the needs of all injured veterans alone. By collaborating with other military and veteran support organizations, we augment critical WWP services and reinforce our existing efforts in communities that need them most.

COMMUNITY PARTNERSHIPS AND
INVESTMENTS PARTNER CONVENING



Every donation helps warriors achieve their highest ambition. When they're ready to start their next mission, **we stand ready to serve.**

woundedwarriorproject.org/donate



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woundedwarriorproject.org

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